

PRODUCT NEWS

COMFREY – THE MIRACLE HERB

Comfrey (*Symphytum officinale*) is an indigenous European herbaceous plant with hairy leaves and purple flowers. It has been used for centuries as a healing balm to improve wound healing, skin ulcers and strains.

Comfrey's remarkable healing power is due its high mucilage content which has soothing and softening properties, plus its allantoin content which promotes wound healing and accelerates cell regeneration.

Lily Martin pioneered the use of the comfrey plant in skin care and healing preparations 35 years ago, leading to the development of a unique formula now comprising the basic ingredient in all the healing and skin-care preparations marketed under the name Symphatone.

Symphatone uses the purest natural ingredients and includes a complete range of beauty products for cleansing, toning, moisturising and rejuvenating the skin. Other formulas are for problem skins. Symphatone Comfrey Cream can be used in the healing of wounds, leg ulcers, boils, eczema, insect bites and sunburn, and is a valuable cream to keep in the home.



SYMPHATONE

This exclusive range of Symphatone creams have been formulated with the purest natural vegetable oils, lanolin, herbal extracts and essential oils. The active ingredient Comfrey is a source of natural allantoin which promotes growth and rejuvenation of skin cells. Symphatone products are suitable for all types of skin including mature, dry, sensitive or problem skins, and should form part of your daily cleansing, toning & nourishing routine.



SOLD FOR MORE THAN 30 YEARS
AVAILABLE AT MOST HEALTH SHOPS

For more information; Maratay Enterprises cc
Tel: (011) 708 - 0196
www.symphatone.co.za

MIGUN THERMAL MASSAGE BED HY7000

Inspired by the effects of acupressure, acupuncture, far-infrared heat therapy, chiropractics and massage, Migun, which means 'beautiful health' in Korean, combines these techniques in one environment to promote health, relaxation and balance without the use of drugs and prescriptions. With regular use, Migun has been found to improve symptoms of arthritis, type 2 diabetes, migraines, hypertension and chronic back pain, as well as sleep issues. Migun beds are approved by the United States Food and Drug Administration (FDA) for use as a medical instrument not requiring a prescription. In addition, Migun is endorsed by the American Chiropractic Association (ACA), the largest organisation representing chiropractors in the world.

Clinical studies performed at the University of California, Irvine have shown that hypertensive subjects exhibited significant decreases in systolic, diastolic, and pulse rates after commencing Migun thermomechanical massage. Type 2 diabetic subjects exhibited significant decreases in both fasting and 2-hour PP blood glucose levels (*Journal of Vertebral Subluxation*, May 2004, pp 1-9).

Continued use of the bed will have numerous other health benefits. Focusing on the area near and around the spine where over 200 pressure points are situated (connected to the various organs within the body), the far-infrared heat generated from the helium bulbs penetrates deep into the muscular and cellular levels, thereby relieving tension, tightness, and soreness of muscles. Coupled with the far-infrared heat, the massage effects from the acupressure promote increased blood circulation and help keep the spine in alignment and healthy.

As a result of achieving homeostasis (balance in the body), the body's metabolism and immunity are strengthened. The Migun Thermal Massage Bed not only gradually eliminates pains and discomfort, but also speeds up the recovery process in the case of many common health conditions.

For further information please visit www.migun.co.za or visit the Migun Wellness Centre in Cape Town. Please see our advertisement on p. 88.